



## **AVAILABLE VOLUNTEER ASSIGNMENTS**

We offer several volunteer opportunities before, during and after the event.

**Warning:** Most of our 'on course' duties are repetitive and requires upper body, arm, and lower back strength. These opportunities are not recommended for those who are pregnant, with heart conditions, with serious back problems, with fear of heights, or have other health problems that may make them more vulnerable to injury.

### **Course Setup and Breakdown**

This position requires twenty (20) strong individuals to help crew members unload the semi-trailer and to set up all the course elements ranging from truss systems, evolutions, flooring tiles, banners, tents, etc.

### **Tower Station**

This position requires two (2) strong individuals stationed on the top of our four-story stairway tower to observe for rule compliance regarding the placement of the 42lb Highrise Pack and 42lb Donut Roll. After each race the volunteer will communicate with the Course Official and will then belay and lower the packs one at a time safely down to the ground to prepare for the next race.

### **Keiser Force Machine Station**

This position requires three (3) volunteers at each machine to help reset the beam after the competitors complete the station. A designated volunteer will stand clear and communicate with the Official if the beam has been left short or the hammer was not properly placed by the competitor. After each race, the 160lb beam will be tipped up to wipe down the tray and runners with denatured alcohol and treated with silicone. After cleaning, the beam will be returned to the tray. The Hammer is then prepped and placed properly on asphalt in front of the beam.

### **Hose Advance Station**

This position requires six (6) volunteers to reset the attack line Hose after the competitors advance them to the Target (75 feet). Working as a team, each in a section marked with tape, the Hose is pulled back into the marked positions on the asphalt to prepare for the next race--paying careful attention to the nozzle placement. The volunteer that handles the Nozzle should also quickly reset the Target.

### **RESCUE MANIKIN Station**

This position requires four (4) strong volunteers, to place the hooks onto the harness system of the 175lb manikin, then use the mechanical crank to lift it up onto a wheeled cart, and then wheel it back to the start line ensuring placement on the starting line is exact. Volunteers should be prepared to assist the competitor, at the request of the Course Official, to remove manikin from the competitor in the event exhaustion sets in.

**Finish Line**

The position requires up to four (4) volunteers to assist the competitor after they land on the catch pad at the Finish Line. Assisting competitors with their Packs and SCBAs (if used). Packs should be transported to the sanitation rack.

**Air Pack Station**

This position requires two (1) volunteers to mist every pack with Bioesque and shuttle them using the hanging carts back to the Ready Area. If the Individual Races are under air...these Volunteers will also assist with cleaning Masks and shuttling them and SCBA's to the Ready Area.

**Ready Tent**

This position requires two (2) volunteers to organize the competitors, so the races run smoothly. This person will also need to prepare the Packs, manage number sequencing, and assist competitors with their Pack adjustment, if needed.

**Recharge Station**

This position requires one (1) volunteer to assist competitors with the various beverages and refreshments in the tent. Alerting EMS if there is a problem.

**Water/Ice/Trash**

This position requires one (1) volunteer to ensure coolers are kept filled and trash cans are emptied, as needed.

**Registration/Check-In/Awards**

This position requires one (1) volunteer to assist with onsite registration and to assist with Awards preparation. Volunteers serving in these roles should be comfortable with administrative multi-tasking.

**Course Official**

This position requires four (4) volunteers to serve as course official (referee) during the event. Individuals serving in these roles must be willing to memorize the rules of play, remain neutral, remain calm when a competitor does not like a ruling on the course, and be willing to walk back and forth on the course for hours at a time.